

Evergreen Holistic Veterinary Care

Dr. Hannah Evergreen

Providing high quality holistic veterinary healthcare to the animals of our community through integrity and compassion.

Volume 1, Issue 1

www.evergreenholisticvet.com

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Services Offered:

Mobile Veterinary Service
Preventative Medicine
Internal Medicine
Emergency Medical Care
Non-Surgical Colic
Advanced Equine Dentistry
Nutritional Counseling
Radiology
Dermatology
Geriatrics
Minor Soft Tissue Surgery
Castration
Mass Removal
Laceration
Complimentary Medicine
for Horses, Cats & Dogs
Acupuncture
Chiropractic

March Special

20% Off Vaccines

Get a jump on Spring!!

Schedule your vaccinations.

Discount on vaccinations only.
Standard farm call and exam charges
will apply.

Mention this coupon
to receive discount

Offer Expires 3/31/07

Chiropractic Care for Your Horse

Chances are you or someone you know has benefited from chiropractic care. But what about your horse?

The American Veterinary Chiropractic Association (AVCA) is paving the way for safe, effective chiropractic care for your horse. This past summer, I took the AVCA's 6 month intensive animal chiropractic course and board exam to become certified in animal chiropractic so that I would be able to better serve you and your horse with an up to date holistic approach. I have found that the symbiotic combination of chiropractic and acupuncture is very beneficial to prevent and treat back pain as well as to promote overall health in horses. Many horses suffer from back and neck soreness, often from being ridden; we owe it to our horses to keep them feeling their best, and *chiropractic can help!*

Your horse's spine is made up of multiple small bones (vertebra) that protect the spinal cord and nerve roots. The joints between these bones can become subluxated (out of alignment or fixated) causing pain and inflammation. The nervous system controls the balance and function of the entire body. Inflammation from subluxation pinches nerve roots or the spinal cord itself and can cause the nervous system to dysfunction. For this reason chiropractic care for your horse is not only important for treating and preventing back pain, but also beneficial for their overall health. I recommend chiropractic and/or acupuncture treatments every 6-12 months for preventative maintenance or up to bi-weekly sessions for specific problems. Ask me about adding chiropractic/acupuncture to your horse's preventative medicine schedule.

West Nile Virus Update

Spring is fast approaching and the mosquitoes that can spread the virus are on their way so it's time to start thinking about West Nile Virus and vaccinating your horses. Washington historically has had a very low prevalence of West Nile Virus, but we did have more cases last year than in years past (confirmed equine cases in 2006: 6, 2005: 1, 2004: 0, 2003: 0, 2002: 2) and the future is uncertain. West Nile vaccination is recommended to be done once a year, in the spring.

For more information and the AAEP guidelines on West Nile Virus, please visit our website and follow the links. www.evergreenholisticvet.com

Our Mission statement:

To provide high quality holistic veterinary healthcare to the animals of our community through integrity and compassion.

The foundation of **Evergreen Holistic Veterinary Care** and the way I practice veterinary medicine is based on having a holistic approach; integrating western and complementary medicine modalities with an emphasis on preventative medicine and client education. I strive to continually provide a healthy and relaxed environment for my patients, my clients and my employees. I aim to achieve this while trying to maintain environmental and social stewardship.

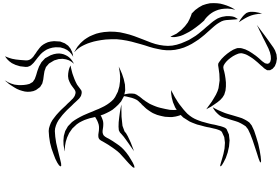
Evergreen Holistic Veterinary Care ~ Dr Hannah Evergreen ~ Equine Mobile Veterinarian

Introducing Kelsey Dobbin ~ Dr. Hannah's Assistant

Allow me to introduce myself... my name is Kelsey Dobbin, and I am 18 years old. I am working with Dr. Hannah as her Veterinary Assistant. I have had 8 years of equine experience and riding. As for my own pets I have 2 horses, a dog, and 4 cats.

I am currently a senior at Sky Valley Education Center in Monroe, and I am also taking the Veterinary Assisting and Grooming Program at Sno-Isle Tech in Mukilteo. In this program we learn about many aspects of canine, feline, and equine care, as well as potential careers in animal related fields. We learn about surgical assisting, grooming techniques, and many other interesting things. I chose this program because I have known since a young age that I would want to have a profession that involved animals. I thought this class would be perfect for me because it would help me get a start on achieving my goals. After graduation I plan to continue working with Dr. Hannah and go to an equine massage school or to vet tech school.

I have a great passion for all animals, but especially horses. Being involved in horse rescue is just one thing that I love to do! I also like riding, training, and just being able to spend hours down at the barn grooming and hanging out with them. I have been working with Hannah for a little over a year and I LOVE it! I appreciate the opportunity that Hannah has given me to further my knowledge, and the trust she places in me with the horses.



I look forward to meeting all of you and your animals at upcoming appointments.

Kelsey

Helping Horses in our Community

There are many horses in our state and local community currently being abused, neglected or abandoned. This is not a new problem, but one that needs to be managed and eventually resolved. As members of the horse community it is our responsibility to do what we can to help these horses. For me that means working closely with local horse rescue organizations to help provide veterinary care, donating my time and services when I can. For you it may mean fostering or adopting a local rescue horse, donating money to rescue groups, donating time to train a rescue horse or simply alerting animal control or a local rescue group when you see a horse in need. Let's continue to pool our resources as individuals and as a community so that our state can show other states how it's done!

We will be featuring stories about horses in need on our website, please check it out and follow the links to see how you can help!

www.evergreenholisticvet.com/rescues

In an effort to remain environmentally friendly, we offer our newsletters to you in email format rather than a paper copy. If you would rather receive future communication via email, just send us an email requesting to be added to our email mailing list.
info@evergreenholisticvet.com

Visit our website:
www.evergreenholisticvet.com

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Dr. Evergreen is an Independent Distributor of Dynamite Specialty Products. Ask Dr. Hannah how Dynamite Products can benefit your horse.

Therapeutic Body Work Seminars with Dr. Hannah

Starting this spring, Dr. Hannah Evergreen will be offering hands on seminars for horse and rider where you can learn more about therapeutic bodywork and holistic care for your horse. Show your horse that you're listening and trying to help them feel their best and enjoy the stronger connection that comes with it. Many topics including acupuncture, chiropractic, stretch exercises and massage will be discussed. You will learn how to do daily therapeutic stretching and bodywork routines based on the individual needs of your horse, in hand as well as under saddle. Please call for details and let us know if you are interested in hosting a clinic at your facility.